

A delegation—comprising IMA State President Dr. Rajiv Goyal from Ghaziabad, President-Elect Dr. Ravish Agrawal from Bareilly, Senior SWC member Dr. Amitabh Srivastava from Etawah, and Lucknow Branch Secretary Dr. Shweta Srivastava—Additionally, this meeting was attended virtually by our national leader and the IMA Uttar Pradesh patron, Dr. Sharad Agarwal. We met with Director General Audit Shri Sanjay Kumar and Deputy Director Shri Sumit Kumar at the Audit Bhawan in Lucknow. We held a detailed discussion regarding GST implications for healthcare establishments; they listened to our concerns very seriously. Ultimately, they remarked that we had truly opened their eyes to the issues and assured us that they would present our suggestions to the Central Government to find a solution, acknowledging that the points we raised were in the best interest of patients. We hope for a positive outcome regarding the GST issues raised by our members. We also held a meeting with Sanchi CEO Smt. Archana Verma, discussing at length the challenges faced by small and medium-sized hospitals, specifically regarding Ayushman scheme payments and case rejections. A crucial point she emphasized was that all Ayushman-empanelled hospitals must implement Electronic Health Records (EHR) as soon as possible to avoid future difficulties. She assured us that if small hospitals are run by qualified doctors and provide satisfactory services, their cases would be considered sympathetically. I also raised the issue of the pending 10% extra payment for NABH-accredited hospitals; she advised us to visit the portal, access the 'Edit' section, and re-enter all information and records accurately. It is expected that this will facilitate the NABH payments, though we were told to contact the IMA if issues persist. However, EHR implementation is mandatory for all hospitals, or else payments will be withheld. At our special request, they agreed to allow hospitals time—tentatively until November—to initiate the NABH accreditation process. Overall, it was a very productive meeting, and we anticipate positive results.



Dated. 06.06.2026

Yesterday in Lucknow, a delegation of the Indian Medical Association, Lucknow Branch, paid a courtesy visit to Shri Rajnath Singh Ji, Hon'ble Defence Minister of India and Member of Parliament from Lucknow. On this occasion, the IMA members first expressed their gratitude to Hon'ble Rajnath Singh Ji. During the meeting, various important issues related to medical services were discussed, and a request was made for his support in resolving certain concerns of IMA at the parliamentary level. The meeting lasted for approximately 10 to 15 minutes and was held in a very positive atmosphere. Hon'ble Rajnath Singh Ji listened to the delegation's concerns attentively and assured appropriate support at the concerned level. Dr. Shweta Srivastava (Hon. Secretary), Dr. Amit Madan, Dr. Ashutosh Sharma, Dr. Nayeem, Dr. Shashwat Saxena, Dr. R.B. Singh Sir, Dr. Amit Agarwal, and Dr. Archita were present on this occasion. The Indian Medical Association, Lucknow Branch, expresses its heartfelt gratitude to Hon'ble Rajnath Singh Ji.

Dr Shweta Srivastava

Hon secretary



IMA Lucknow Organises Blood Donation Camp in Association with Hindustan Aeronautics Limited to Mark World Blood Donor Day

Lucknow, 17 June 2026:

To mark World Blood Donor Day, observed globally on 14 June, the Indian Medical Association (IMA), Lucknow, through its I.M.A. Charitable Blood Centre, organised a voluntary Blood Donation Camp on 17 June 2026 in association with Hindustan Aeronautics Limited (HAL). The camp was organised with the objective of promoting awareness about the importance of voluntary blood donation and encouraging more people to come forward for this noble cause. A total of 40 units of blood were collected during the camp. Speaking on the occasion, Dr. Shweta Srivastava, Secretary, IMA Lucknow, expressed heartfelt gratitude to Hindustan Aeronautics Limited for its valuable support and cooperation in organising the camp. "We sincerely thank Hindustan Aeronautics Limited for joining hands with IMA Lucknow for this noble initiative. Blood donation is one of the greatest services to humanity, and such collaborative efforts play an important role in ensuring timely availability of blood for patients in need," said Dr. Shweta Srivastava. She also thanked all the blood donors for their selfless contribution. "Every blood donor is a lifesaver. We are deeply grateful to all the donors who came forward and contributed to this humanitarian cause. Their generosity will help save many precious lives," she added. IMA Lucknow reiterated its commitment to organising such health and social welfare initiatives for the benefit of society and to strengthen the culture of voluntary blood donation. The camp was organised under the guidance of Dr. Manoj Kumar Asthana, President, IMA Lucknow, and Dr. Shweta Srivastava, Secretary, IMA Lucknow. And IMA members Dr ashwani kumar mishra and Dr vivek singh has taken part in donation

Dr Shweta Srivastava

Hon Secretary , Lucknow



निम्नलिखित के सम्मान प्राप्त है

International Yoga Day on 21/06/2026

Indian Medical Association, Lucknow Branch Organised a Yoga Practice Session on International Yoga Day“ Healthy Doctors, Healthy Society: Collective Yoga Practice by IMA Lucknow on International Yoga Day.”On the occasion of International Yoga Day, the Indian Medical Association, Lucknow Branch organised a yoga practice session at IMA Bhawan, Lucknow. Doctors and members of IMA Lucknow participated in the programme with great enthusiasm. On this occasion, Yoga Guru Jyoti Yadav Ji from Prayag Arogyam Kendra, Yoga Training and Practice Centre, conducted an approximately one-hour yoga session for all participants. She guided the members through various yogasanas, pranayama and exercises focused on physical and mental well-being. She also highlighted the importance of regular yoga for a healthy lifestyle, stress management and improved work efficiency. The programme was mainly attended by Dr. Shweta Srivastava, Secretary, IMA Lucknow, Dr. Rukhsana Ma'am, Past President, Dr. Neeraj Tandon, Dr. Saraswati, Dr. Shashwat Saxena, Dr Nirupama along with several other doctors and members. On this occasion, IMA Lucknow Branch conveyed the message that doctors should not only inspire society to stay healthy, but also take a pledge to adopt a healthy lifestyle themselves. Yoga not only keeps the body healthy, but also calms the mind and brings balance to life.

Dr. Shweta Srivastava

Secretary, IMA Lucknow



संस्था का कठोर वा प्रबली साधन
 लक्ष्य: कार्यक्षम है अहमकाम लक्ष्य-
 को सचिवालय की श्रेष्ठ साधन, युव
 व्यवस्था की व्यवस्था, की सचिवा
 लक्ष्य, की सचिवालय, की सचिवा
 लक्ष्य, की सचिवालय, की सचिवा

लखनऊ। अंतर्राष्ट्रीय योग दिवस के

लखनऊ पर इंडियन माफ़िक एक्सासिटरस
अवसर पर श्रद्धांजलि देवा आर्शियाय भवन
लखनऊ मे योगेष्वास कार्यक्रम मे
लखनऊ नगर किच ग्राम। कार्यक्रम मे आर्शियाय
अवसर के चिकित्सक को एह सदस्य मे
उत्साहपूर्ण भाव प्रिय देव अवसर पर
प्रधान आयोग केन्द्र, योग प्रशिक्षण ए
योगेष्वास केन्द्र, को योग मुक्त ज्ञेति यद
हो मे सदा प्रतिपादित को लखनऊ एह
तक योगेष्वास काया। उन्हे विभि
योगेष्वास, प्रणायाम मे शक्ति रक्त
मानविक स्वास्थ्य मे जुड़े अग्रक
काया। सदा हो उन्हे निर्देशित योग
स्वास्थ्य जीवनरत्न, निरन्तर अग्रक
योगेष्वास बहने के लिए प्रवर्तन उपग
वर्धना कार्यक्रम मे मुक्त रूप मे आर्शियाय
लखनऊ को सखि देव श्रद्धांजलि
पु अग्रक ई। स्वामी भव ई। नीर
टहन, ई। सरस्वती, ई। श्वरत स्वसे
ई। निरामा सखि रक्त अग्रक चिकित्सक
एह सदस्य मे अग्रक योगेष्वास को।

स्वस्थ चिकित्सक, स्वस्थ समाज: अंतरराष्ट्रीय योग दिवस पर आईएमए लखनऊ का समूहिक योगाभ्यास

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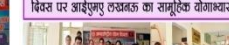
स्वस्थ चिकित्सक, स्वस्थ समाज

अंतराष्ट्रीय योग दिवस पर आईएमए
लखनऊ का सामूहिक योगाभ्यास

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अंतर्राष्ट्रीय योग दिवस पर योगाभ्यास कार्यक्रम आयोजित

“स्वस्थ चिकित्सक, स्वस्थ समाज” : अंतर्राष्ट्रीय वार्षिक

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LUCKNOW: On the occasion of International Yoga Day, a yoga session was organized by the Indian Medical

Yoga classes were organized by the IMA in the form of a series of workshops in the IMB Building in Lucknow. Doctors and members of IMA Lucknow participated in the event with great enthusiasm. On this occasion, Yogi Gauri Yadav of the Prayagraj Ananyashram, Varanasi, gave a lecture on the importance of training and practice center (guru) for all the participants. He stressed the importance of marketing and enhancing the practice for approximately one hour. They conducted a series of asanas, pranayama, and exercises focusing on physical and mental health. Additionally, they highlighted the immense value of regular yoga for maintaining health and vitality. The workshop was a great success, and the participants expressed their appreciation for the workshop's efficiency. Key participants in the event included IMA Lucknow Secretary Dr. Shweta Sindwani, former President Dr. Rakshana, Dr. Neeraj Nandan, Dr. Saransh Kumar, and Dr. Anshu Singh. They were joined by numerous other doctors and members. Speaking on this occasion, Dr. Shweta Sindwani, Secretary of IMA Lucknow, stated that Yoga is not only a healthy event but also a great way of managing a healthy and vibrant work and stressful life. Yoga is essentially every doctor's duty, because only a healthy doctor can provide better healthcare and the right inspiration to society.

राष्ट्रीय प्रसारण नृत्य नेटवर्क



आईएनए धन, लखनऊ में पोषण कार्यक्रम का आयोजन किया गया। कार्यक्रम में आईएनए लखनऊ,



एक कंप्यूटर को, कि ये
ज्योति यादव जी ने सभी उद्दिष्टों
को लाभ एक ही तक कंप्यूटर
कराया। उन्होंने विभिन्न योजना



कार्यक्षमता बढ़ाने के लिए अ
उत्प्रेषण करता है। कार्यक्रम में मुख्य
से आईएमए लखनऊ की सचिव



निम्नलिखित कथन पर ध्यान दें:



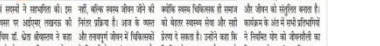
विशेषकर स्वयं मध्यम वर्गीयों की अपेक्षा और समाज को भी योग, संतुष्टि आहार और विविध मित्रताओं के लिए प्रेरित करें। डॉ. शंकर शंकरनाथ ने योग गुरु ज्योति



राजस्थान के। उनमें से
चिकित्सक और नर्सों से अलग
को कि वे लोग को अपनी पैदा
जोखनी की। इस बगल।



का इलाज देने के साथ-साथ यहां पर स्वस्थ जीवनशैली अपनाने का संदेश भी। यहाँ न केवल छोटे बच्चे स्वस्थ रहते हैं, बल्कि माता को भी



एक किलो एक दिन का आहार। किलो का मतलब जितना आवश्यक है, सिस्टर राई, प्रार्थना और ध्यान से। (सिस्टर बनार का संकल्प लिया)



इंडियन मेडिकल एसोसिएशन, लखनऊ

आईएमए भवन, 1-रिवर बैंक कॉलोनी, लखनऊ

अंतर्राष्ट्रीय योग दिवस 2026

📅 21 जून 2026 | 🕒 प्रातः 7:00 बजे




योग, योग गुरु ज्योति यादव

❖ के साथ ❖

Theme 2026: Yoga for Healthy Ageing
 योग: स्वस्थ और संतुष्टि आए के लिए योग

द्वारा योग दिवस के अवसर में इंडियन मेडिकल एसोसिएशन, लखनऊ
 द्वारा आईएमए भवन में योग दिवस का आयोजन किया जा रहा है।
 -०६- और सपरिवार सादर आमंत्रित है। -०६-

📍 **स्थान:** आईएमए भवन, 1-रिवर बैंक कॉलोनी, लखनऊ

❖ **निर्दक** ❖

डॉ. मनोज कुमार अय्याना
अध्यक्ष

डॉ. श्वेता श्रीवास्तव
मानद सचिव

Secretary Report

July 1, 2026 IMA Lucknow Organizes Grand National Doctors' Day Celebration

Lucknow, July 1, 2026. On the occasion of National Doctors' Day, the Indian Medical Association, Lucknow Branch organized a dignified ceremony at IMA Bhawan, Lucknow. On this occasion, a total of 96 doctors were honored for their remarkable contribution in the fields of medical service, social service and IMA activities. The programme also included a meaningful discussion on the role of doctors in society, their spirit of service and the strengthening of healthcare services. Hon'ble Deputy Chief Minister and Health Minister, Government of Uttar Pradesh, Shri Brijesh Pathak Ji, graced the occasion as the Chief Guest. Hon'ble Dr. Neeraj Bora Ji, MLA, Lucknow North, was present as the Guest of Honour. In his address, Hon'ble Shri Brijesh Pathak Ji said that doctors are among the most important pillars of society. Doctors not only treat patients, but also provide trust and new hope to society during difficult times. Appreciating the work being done by IMA Lucknow, he said that better coordination between the government and the medical fraternity can further strengthen healthcare services in the state. Hon'ble Dr. Neeraj Bora Ji said that National Doctors' Day is an occasion to honor the dedication, discipline and service spirit of doctors. From the COVID period to regular times, the sincerity with which doctors have served society is truly inspiring. He praised the efforts of IMA Lucknow and said that such programmes give new energy to the medical community. Dr. Neeraj Bora Ji has also served as the former President of the Indian Medical Association, Lucknow. In a message from Dr. Pawan Kumar, DG Health and Director General, Medical and Health, it was stated that doctors play a very important role in further improving healthcare services in the state. He said that doctors should remain especially sensitive towards the treatment of needy and economically weaker patients. Wherever possible, support should be provided to poor patients in investigations, pathology, consultation and treatment, so that financially weaker individuals can receive proper treatment on time. He appealed to doctors to come forward, in keeping with their spirit of service, to help poor patients and provide all possible support in medicines and treatment. IMA Lucknow Secretary Dr. Shweta Srivastava said that the life of a doctor is a life of service, sensitivity and responsibility. National Doctors' Day reminds us that medicine is not just a profession, but a commitment to serve humanity. She said that it is a matter of pride for IMA

Lucknow that 96 awardee doctors were honored on this occasion for their outstanding contribution. Dr. Shweta Srivastava specially thanked Hon'ble Deputy Chief Minister Shri Brijesh Pathak Ji for accepting the invitation to the National Doctors' Day celebration. She also expressed gratitude to all senior doctors, members, guests and supporters. IMA Lucknow President Dr. Manoj Kumar Asthana said in his address that IMA has always been committed to upholding the honor, rights and contribution of doctors towards society. He said that IMA Lucknow will continue to work for health awareness, public welfare programmes and empowerment of the medical community in the coming times. The doctors honored on this occasion included Dr. M.L. Tandon, Dr. G.M. Lal, Dr. A.N. Bala, Dr. Ram Kapoor, Col. Dr. S.K. Sharma, Dr. N.B. Singh, Dr. Sudhir Kumar, Dr. Atul Rastogi, Dr. Anoop Bajpai, Dr. Vivek Saxena, Dr. Rakesh Srivastava, Dr. Sandeep Kapoor, Dr. Harsh Vardhan, Dr. Ajay Singh, Dr. Manoj Kumar Asthana, Dr. Shweta Srivastava, Dr. R.B. Singh, Dr. Sanjay Srivastava, Dr. Neeraj Tandon, Dr. Santosh Singh, Dr. Amit Agarwal, Dr. Archika Gupta, Dr. Sanjay Saxena, Dr. Amit Madan, Dr. Shashwat Saxena, Dr. Ashutosh Sharma, Dr. Naeem Ahmad, Dr. Tanvi Sharma, Dr. Darshan Bajaj, Dr. Mona, Dr. Nirupama Pandey, Dr. O.P. Tiwari, Dr. Sunita Tiwari, Dr. B.N. Gupta, Dr. G.P. Kaushal, Dr. Suresh Talwar, Dr. Rakesh Singh, Dr. Shraddha Singh, Dr. Rukhsana Khan, Dr. Vijay Kumar, Dr. Suryakant, Dr. G.P. Singh, Dr. P.K. Gupta, Dr. Rama Srivastava, Dr. Manish Tandon, Dr. Vineeta Mittal, Dr. Ajay Tiwari, Dr. K.P. Chandra, Dr. Deepak Diwan, Dr. Imran Akhtar, Dr. Arun Pandey, Dr. G.P. Gupta, Dr. Abhishek Shukla, Dr. Sujata Dev, Dr. S.P. Jaiswar, Dr. Mridul Mehrotra, Dr. Alka Jain, Dr. Vijay Shankar Nigam, Dr. Ashwani Kumar Mishra, Dr. Sanjeev Awasthi, Dr. Ratna Pandey, Dr. Sunita Chandra, Dr. Varda Manmeet, Dr. Seema Tiwari, Dr. Anita Singh, Dr. Roma, Dr. Nishi Tandon, Dr. Amlanshu, Dr. Sharswati, Dr. Deepali Srivastava, Dr. Rajeev Saxena, Dr. Shetanshu Srivastava, Dr. Ritu Saxena, Dr. Anil Kumar Tripathi, Dr. Gurmeet, Dr. Pranjal Agarwal, Dr. Alok Maheshwari, Dr. Shilpi Maheshwari, Dr. Seema Singh, Dr. Sanjay Kumar Tripathi, Dr. Hariom Gupta, Dr. Madhusudan Mishra, Dr. Piyush Kumar, Dr. Sumit Maharaj, Dr. Shashwat Vidyadhar, Dr. Virendra Kumar, Dr. Dharmendra, Dr. Alok Dixit, Dr. Shashank Nigam, Dr. Sagar, Dr. Swati Pathak, Dr. Rajneesh Srivastava, Dr. Rahul Sharma and Dr. Mansi Dhingra. During the programme, all the honored doctors were congratulated by the guests present, who extended their best wishes for their bright future and continued service to society. The programme concluded in a dignified atmosphere. At the end, gratitude was expressed to all guests, doctors, IMA members and supporters present.

Dr. Shweta Srivastava

Secretary

Indian Medical Association, Lucknow Branch



Secretary Report July 4, 2026

Onco Conclave 2026 Report

Onco Conclave 2026 was successfully held on 4th July 2026 at Hotel Clarks Avadh, Lucknow. The event was organized by Max Healthcare in association with the Indian Medical Association (IMA), Lucknow and Lucknow Nursing Home Association (LNHA).

The program was graced by Dr. MLB Bhatt, Director, Kalyan Singh Cancer Institute, Lucknow, as the Chief Guest, and Dr. Mazhar Husain, Chairman & Chief Neurosurgeon, Max Super Speciality Hospital, Lucknow, as the Guest of Honour. The event was also attended by senior representatives of IMA and LNHA, including Dr. Manoj Kumar Asthana, President, IMA Lucknow; Dr. Shweta Srivastava, Secretary, IMA Lucknow; Dr. Sanjay Lakhtakia, President, LNHA Lucknow; and Dr. Sourabh Chandra, Secretary, LNHA Lucknow. The conclave included insightful oncology sessions by eminent doctors, including Dr. Nuzhat Husain, Dr. Vijay Kumar, Dr. Madhup Rastogi, Dr. Punita Lal, Dr. Praveen Mehrotra, Dr. Shashank Nigam, Dr. Vivekanand Singh, Dr. Abhishek Srivastava, Dr. Saket Pandey, Dr. Atul Agarwal, Dr. Manu Rastogi, Dr. Gaurav Agarwal, Dr. Sushma Agrawal, Dr. Kul Ranjan Singh, Dr. Neeraj Tandon, Dr. Pushpa Jaiswal, Dr. Sameer Gupta, Dr. Abhinav Arun Sonkar, Dr. Rohini Khurana, Dr. Manoj Kumar Srivastava, Dr. Sanjai Srivastava, Dr. Puneet Mehrotra, Dr. Rajeev Gupta, and Dr. Arshad Ahmad. The Max Oncology team, including Dr. Alok Gupta, Dr. Kamlesh Verma, Dr. Shashwat Verma, Dr. Farah Arshad, Dr. Anju Shukla, Dr. Shahbaz Mohd Khan, Dr. Shuchi Singh, Dr. Anurag Pandey, Dr. Shashank Chaudhary, Dr. Surbhi Gupta, Dr. Deepankar Bhattacharya, Dr. Niraj Agarwal, Dr. Saddam Hussain, Dr. Sarfraz Ahmad, Dr. Chandan Mourya, Dr. Ashutosh Mishra, Dr. Geeta Singh, Dr. Devesh Dubey, Dr. Shweta Tulsiani, and Dr. Sai Kiran, actively contributed to the scientific sessions and discussions. Many senior doctors and IMA Executive Committee members also participated in the conclave, including Dr. R. B. Singh, Dr. Rajeev Saxena, Dr. Ashutosh Sharma, Dr. Archika Gupta, and Dr. Saraswati, among others. The conclave covered important topics including Stereotactic Radio Surgery, Head & Neck Cancer, Breast Cancer, Biliary Tract Cancer, and advanced cancer care technologies. The program was conducted very well and received a positive response from the medical fraternity. With the active association and support of IMA Lucknow and LNHA, the event became more meaningful and impactful.

Here are some glimpses of this memorable Onco Conclave 2026.

Dr. Shweta Srivastava

Hon. Secretary, IMA Lucknow



Secretary's Report

Scientific CME on National Plastic Surgery Day & World Population Day

Date: 15 July 2026

Venue: IMA Bhawan, River Bank Colony, Lucknow

The Indian Medical Association (IMA), Lucknow Branch successfully organized a Scientific Continuing Medical Education (CME) program on 15 July 2026 at IMA Bhawan to commemorate National Plastic Surgery Day and World Population Day. The scientific session featured distinguished faculty members who delivered informative lectures on various aspects of modern plastic and reconstructive surgery. The presentations included:

- * Dr. Mukta Verma – Facial Rejuvenation
- * Dr. Richa Srivastava – Breast Reduction
- * Dr. Neeraj Upadhyay – Hair Transplantation
- * Dr. Vivek Saxena – Unwanted Hair Removal
- * Dr. Ravi Kumar – Life After Oral Cancer Surgery

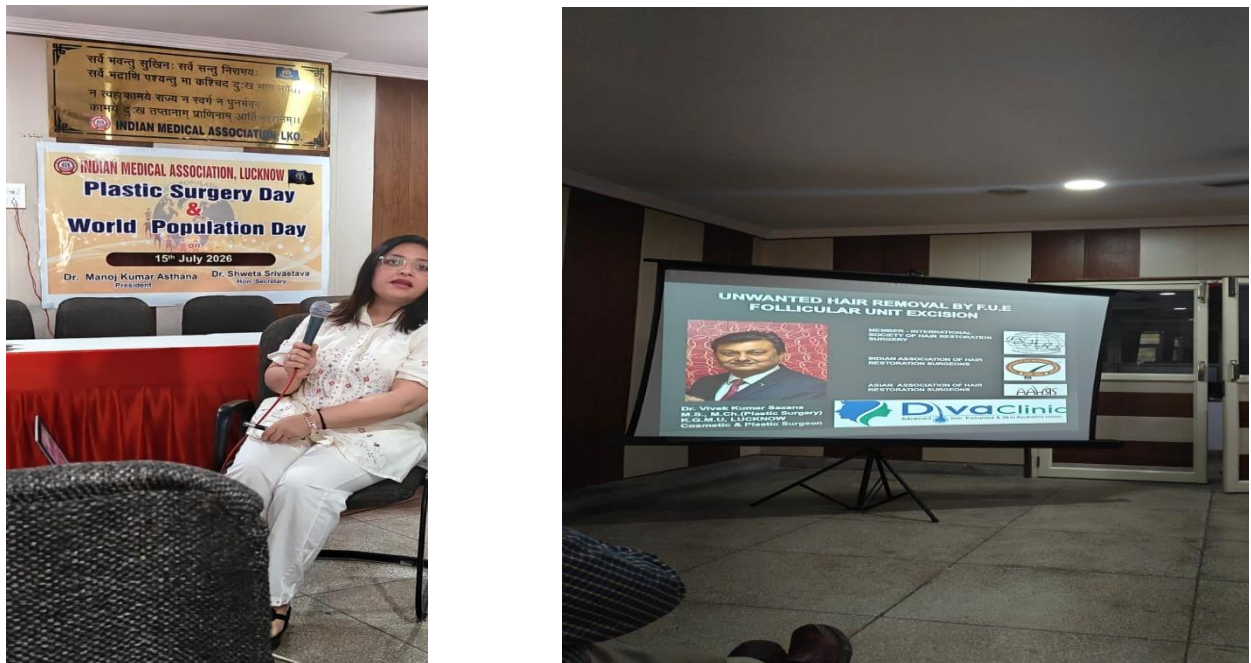
During the discussions, the speakers highlighted the remarkable contributions of Maharishi Sushruta, who is universally recognized as the Father of Plastic Surgery. More than 2,600 years ago, he described advanced principles of reconstructive surgery, including rhinoplasty, laying the foundation for modern plastic surgery. It was also noted with pride that a statue of Maharishi Sushruta has recently been installed in Australia, recognizing his immense contribution to global medical science and honoring India's rich medical heritage.

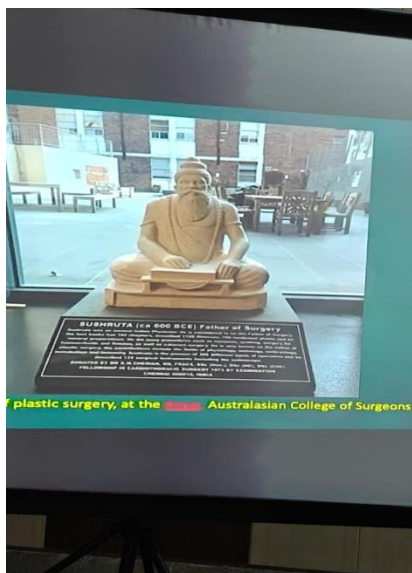
The program was attended by Dr. Shweta Srivastava, Honorary Secretary, IMA Lucknow Branch; Dr. Sanjay Saxena, President-Elect; Executive Committee Members Dr. Ritu Saxena, Dr. Seema Singh, Dr. Rajiv Saxena, along with several senior physicians and IMA members. The CME concluded with a vote of thanks, followed by the presentation of mementoes to all faculty members in appreciation of their valuable academic contributions.

Submitted by:

Dr. Shweta Srivastava

Honorary Secretary





आईएमए में नेशनल प्लास्टिक सर्जरी डे संगोष्ठी आयोजित



संस्कृत ने अनचाहे बालों को हटाना तथा डॉ. रवि कुमार ने ओरल कैंसर सर्जरी के बाद जीवन विषय पर अपने विचार साझा किए। वक्ताओं ने

बताया कि महर्षि सुश्रुत को विश्वभर में प्लास्टिक सर्जरी का जनक माना जाता है। लगभग 2600 वर्ष पूर्व उन्होंने पुनर्निर्माण शल्य चिकित्सा एवं राइनोप्लास्टी जैसी तकनीकों का विस्तृत वर्णन किया था।

यह भारत के लिए गर्व का विषय है कि हाल ही में ऑस्ट्रेलिया में महर्षि सुश्रुत की प्रतिमा स्थापित की गई है, जो उनके वैश्विक योगदान और चिकित्सा विज्ञान में भारत की प्राचीन विरासत का सम्मान है। इस अवसर पर आईएमए लखनऊ की मानद सचिव डॉ. श्वेता श्रीवास्तव, प्रेसिडेंट-इलेक्ट डॉ. संजय संस्कृत तथा कार्यकारिणी सदस्य डॉ. रितु संस्कृत, डॉ. सीमा सिंह, डॉ. राजीव संस्कृत सहित अनेक वरिष्ठ चिकित्सक एवं आईएमए सदस्य उपस्थित रहे।

डॉ. मुका वर्मा ने चेहरे का कायाकल्प, डॉ. ज्ञचा श्रीवास्तव ने तन में कमी, डॉ. नीरज उपाध्याय ने बाल प्रत्यारोपण, डॉ. विवेक

नेशनल प्लास्टिक सर्जरी डे एवं विश्व जनसंख्या दिवस पर आईएमए में वैज्ञानिक संगोष्ठी आयोजित



मोहन धारा संचारदाता लखनऊ। इंडियन मेडिकल एसोसिएशन (आईएमए) लखनऊ शाखा द्वारा आज 15 जुलाई को आईएमए भवन में नेशनल प्लास्टिक सर्जरी डे एवं विश्व जनसंख्या दिवस के अवसर पर एक वैज्ञानिक संगोष्ठी का आयोजन किया गया। कार्यक्रम में विशेषज्ञ चिकित्सकों ने प्लास्टिक सर्जरी के विभिन्न आधुनिक आयामों पर अपने व्याख्यान प्रस्तुत किए। डॉ. मुका वर्मा ने Facial Rejuvenation, डॉ. ज्ञचा श्रीवास्तव ने Breast

Reduction, डॉ. नीरज उपाध्याय ने Hair Transplantation, डॉ. शिवक संस्कृत ने Unwanted Hair Removal तथा डॉ. रवि कुमार ने Life After Oral Cancer Surgery विषय पर अपने विचार साझा किए। अपने संकेचन में वक्ताओं ने बताया कि महर्षि सुश्रुत को विश्वभर में प्लास्टिक सर्जरी का जनक माना जाता है। लगभग 2600 वर्ष पूर्व उन्होंने पुनर्निर्माण शल्य चिकित्सा एवं राइनोप्लास्टी जैसी तकनीकों का विस्तृत वर्णन किया था। यह भारत के लिए गर्व का

विषय है कि हाल ही में ऑस्ट्रेलिया में महर्षि सुश्रुत की प्रतिमा स्थापित की गई है, जो उनके वैश्विक योगदान और चिकित्सा विज्ञान में भारत की प्राचीन विरासत का सम्मान है। इस अवसर पर आईएमए लखनऊ की मानद सचिव डॉ. श्वेता श्रीवास्तव, प्रेसिडेंट-इलेक्ट डॉ. संजय संस्कृत तथा कार्यकारिणी सदस्य डॉ. रितु संस्कृत, डॉ. सीमा सिंह, डॉ. राजीव संस्कृत सहित अनेक वरिष्ठ चिकित्सक एवं आईएमए सदस्य उपस्थित रहे। कार्यक्रम के अंत में सभी वक्ताओं को सृष्टि चिह्न प्रदान कर सम्मानित किया गया।

Secretary's Report

IMA Lucknow Conducts Health Awareness and Medical Camp under the "Aao Gaon Chalein" Campaign

Date: 22 July 2026 Venue: Community Health Centre (CHC), Ghungter, District Barabanki

As part of the "Aao Gaon Chalein" campaign of the Indian Medical Association (IMA), Uttar Pradesh, Dr. Shweta Srivastava, Honorary Secretary, IMA Lucknow, organized a medical outreach and health awareness camp at Community Health Centre (CHC), Ghungter, District Barabanki, on 22 July 2026.

During the camp, patients were provided with free medical consultations and appropriate health advice. In addition to patient care, Dr. Shweta Srivastava held an interactive meeting with the medical officers and healthcare staff of the CHC to discuss the growing burden of cervical cancer and the critical role of HPV vaccination in its prevention.

The session focused on the causes, risk factors, and preventive measures for cervical cancer, with special emphasis on increasing awareness among adolescents, parents, and the community. Healthcare workers were encouraged to actively educate the public about the importance of HPV vaccination and to support the Government of India's HPV immunization initiative by promoting accurate information and addressing common misconceptions.

Dr. Shweta Srivastava highlighted that awareness at the grassroots level is essential for improving vaccine acceptance and preventing cervical cancer. She emphasized that healthcare professionals play a pivotal role in educating families and ensuring that eligible beneficiaries receive timely vaccination.

Speaking on the occasion, Dr. Shweta Srivastava, Honorary Secretary, IMA Lucknow, said:

“Community outreach is one of the core responsibilities of the medical fraternity. Through initiatives like ‘Aao Gaon Chalein’, we aim not only to provide healthcare services but also to strengthen health awareness. IMA Lucknow will continue to organize such camps and awareness programmes in rural and underserved areas to promote preventive healthcare and support public health initiatives, including HPV vaccination.”

Reported by:

Dr. Shweta Srivastava

Honorary Secretary

Indian Medical Association (IMA), Lucknow



July 23rd 2026

It was a privilege to host dinner in Lucknow for Dr. Sharad Kumar Agarwal, patron and Former National President of the Indian Medical Association (IMA Headquarters) on 23rd July.

The evening was attended by Dr. Santosh Singh Sir (Orthopaedic Surgeon), and Aniket Ani

We had an insightful and productive discussion on several key challenges currently facing the medical fraternity, along with a detailed exchange of ideas on the future roadmap for strengthening healthcare and the medical profession.

We also discussed the proposed State Working Committee (SWC) Meeting to be hosted in Lucknow, and I had the opportunity to receive Dr. Agarwal's valuable guidance and suggestions for making the event successful.

It was truly an enriching interaction, and I sincerely appreciate his time, wisdom, and continued support for the medical community.

Dr. Shweta Srivastava, Hon. Secretary



INDIAN MEDICAL ASSOCIATION, LUCKNOW

CME REPORT

IMA Lucknow, in association with Medanta Hospital, Lucknow, successfully organized a Continuing Medical Education (CME) **Programme on 25th July 2026** at Hotel Fairfield by Marriott, Lucknow. The programme witnessed an overwhelming response from IMA members and practicing consultants from various specialties, reaffirming IMA Lucknow's commitment to continuous professional development and academic excellence.

The CME was graced by the presence of several senior members of IMA Lucknow, including Past President Dr.GP Singh, Dr Rakesh Singh, executive members Dr. Rajeev Saxena, Dr Amit agarwal, Dr Ashutosh sharma and many other distinguished physicians, surgeons, and consultants like Dr sc srivastava, Dr S k diwedi Dr Manish singh, Dr Mandavi etc were present. Their presence and active participation added immense value to the academic discussions.

The scientific programme featured two distinguished faculty members from Medanta Hospital, Lucknow:

Scientific Sessions

1. Approaching Syncope in the Elderly

Speaker: Dr. S. K. Dwivedi

Director, Interventional Cardiology, Medanta Hospital, Lucknow

Dr. Dwivedi delivered an insightful lecture on the evaluation and management of syncope in elderly patients. He discussed the latest diagnostic strategies, risk assessment, cardiac causes of syncope, and evidence-based treatment approaches supported by practical clinical cases.

2. Recent Advances in CTVS Surgery

Speaker: Dr. Gauranga Majumdar

Director, Cardiac Surgery, Medanta Hospital, Lucknow

Dr. Majumdar highlighted the latest developments in Cardiothoracic and Vascular Surgery (CTVS), including minimally invasive cardiac procedures, technological innovations, and modern surgical techniques that are improving patient outcomes and reducing recovery time.

Both sessions were highly interactive, with enthusiastic participation from the audience. Members actively engaged with the faculty through questions and discussions, making the programme academically enriching and clinically relevant.

IMA Lucknow expresses its sincere gratitude to the faculty members of Medanta Hospital for sharing their expertise and to all the delegates whose enthusiastic participation contributed to the success of the CME. The academic programme concluded with a vote of thanks, followed by fellowship, cocktails, and dinner, providing an excellent opportunity for professional networking and interaction among members.

IMA Lucknow remains committed to organizing high-quality academic activities that promote continuous medical education and strengthen the medical fraternity.

With Best Regards,

Dr. Manoj Kumar Asthana

President

IMA Lucknow

Dr. Shweta Srivastava

Honorary Secretary

IMA Lucknow



AFPICON-UP 2026: Advancing the Vision of Family Medicine in Uttar Pradesh

Message from the Honorary Secretary, IMA Lucknow

It is a matter of great pride that Indian Medical Association (IMA), Lucknow, under the leadership of Dr. Manoj Kumar Asthana, President, IMA Lucknow, in collaboration with the Academy of Family Physicians

of India - Uttar Pradesh Chapter (AFPI-UP), successfully organized the 2nd State Conference & CME – AFPICON-UP 2026 on 26th July 2026 at Chancellor Club, Ashiyana, Lucknow.

The conference, based on the theme “Family Medicine – Empowering People, Transforming Health Care”, brought together policymakers, public health experts, medical educators, family physicians, and clinicians from across the country to discuss the vital role of Family Medicine in strengthening primary healthcare and improving healthcare delivery in Uttar Pradesh.

The scientific programme featured renowned faculty members from premier institutions, including AIIMS, KGMU, Balrampur Hospital, Command Hospital, ASMC Hardoi, and other leading healthcare organizations. The academic sessions covered a wide spectrum of clinically relevant topics, including the role of Family Physicians in community healthcare, rational therapeutics, digital transformation of hospitals, gastroenterology, ophthalmology, anemia, sexual medicine, fatty liver disease, diabetes, dermatology, and other emerging healthcare challenges.

The conference was graced by the presence of Maj. Gen. Dr. Amit Devgan, Vice Chancellor, Atal Bihari Vajpayee Medical University, Lucknow, as the Chief Guest; Shri Amit Ghosh, IAS, Additional Chief Secretary, Medical Health & Family Welfare, Government of Uttar Pradesh, and Maj. Gen. Dr. Alok Bhalla, VSM, Commandant, Command Hospital, Lucknow, as Guests of Honour.

The inaugural session was further enriched by the presence of Dr. Raman Kumar, Chair Emeritus, AFPI; Dr. Mohan Kubendra, National President, AFPI; Dr. Vandana Boobna, National Vice President, AFPI; Dr. Manoj Kumar Asthana, President, IMA Lucknow; and Dr. Shweta Srivastava, Honorary Secretary, IMA Lucknow, who attended as Special Guest.

The conference was meticulously organized under the leadership of Dr. S. K. Sharma (Organizing Chairperson) and Dr. Piyush Jain (Organizing Secretary), with the support of Dr. Paritosh Tiwari (Co-Organizing Chairperson), Dr. Shiv Kumar Sharma (Co-Secretary), Dr. Jigyasu (Chair, Scientific Committee), Dr. Rachana Gaur (Co-Chair, Scientific Committee), Dr. Manoj Shukla (Chair, Finance Committee), Dr. Ashutosh Kumar Sharma (State Convener, AFPI-UP), and Dr. Maghvendra (Chair, Souvenir & Hospitality Committee), along with their dedicated organizing team.

The scientific programme featured distinguished speakers, including Dr. S. K. Sharma, Dr. Ashutosh Kumar Sharma, Dr. Shiv Kumar Sharma, Prof. (Dr.) Rakesh Dixit, Dr. S. R. Tiruvalavan, Prof. (Dr.) Ajay Kumar Patwa, Prof. (Dr.) Vijay Pratap Singh Tomar, Dr. Rachana Gaur, Dr. Paritosh Tiwari, Dr. Kishor Madhwani, Dr. Mukulesh Gupta, Dr. K. P. Chandra, and Dr. Ajay Kumar Rai, whose evidence-based presentations generated meaningful academic discussions throughout the conference.

A key outcome of the conference was the strong advocacy for integrating Family Medicine into the mainstream public healthcare system of Uttar Pradesh. The deliberations emphasized the need to utilize trained Family Physicians at District Hospitals, Community Health Centres (CHCs), and Primary Health Centres (PHCs) as first-contact clinical specialists. Such an approach can significantly strengthen primary

healthcare, reduce unnecessary referrals to tertiary care centres, improve continuity of care, and effectively address the increasing burden of non-communicable diseases, mental health disorders, geriatric illnesses, and emerging public health challenges.

The conference also highlighted the importance of establishing Departments of Family Medicine in Medical Colleges and creating structured opportunities for Family Physicians within the state health services. These recommendations received encouraging support from senior policymakers and health administrators present at the conference.

IMA Lucknow congratulates the entire organizing committee, faculty members, session chairpersons, speakers, delegates, and volunteers for making AFPICON-UP 2026 a grand academic success.

On behalf of IMA Lucknow, I sincerely thank all members who participated and contributed to this landmark conference. Together, let us continue to promote academic excellence, evidence-based clinical practice, and a stronger, community-oriented healthcare system for the people of Uttar Pradesh.

With warm regards,

Dr. Manoj Kumar Asthana

President

Dr. Shweta Srivastava

Honorary Secretary

IMA Lucknow



Free Medical Camp Organized by IMA Lucknow under the “Aao Gaon Chalein” Campaign

Date: 28th July 2026

Venue: Suboli Village, Uttar Vidhan Sabha, Lucknow

The Indian Medical Association (IMA), Lucknow, under the Uttar Pradesh state initiative “Aao Gaon Chalein” (Let’s Go to the Villages), organized a Free Medical Camp on 28 July 2026 at Suboli Village, Uttar Vidhan Sabha, Lucknow.

During the camp, Dr. Shweta Srivastava, along with a team of doctors from IMA Lucknow, provided free medical consultations to the villagers. Approximately 40–50 patients were examined, and free medicines were distributed to those requiring treatment.

The “Aao Gaon Chalein” campaign is an important public health initiative of the Indian Medical Association, Uttar Pradesh, under which IMA branches across the state regularly organize outreach medical camps in rural and underserved areas. The initiative aims to extend quality healthcare services

to communities with limited access to medical facilities, promote health awareness, encourage early diagnosis, and ensure timely treatment.

IMA Lucknow remains committed to its mission of community service and will continue to organize such free medical camps in the future to improve access to healthcare and promote preventive health practices among rural populations.

Report by:

Dr. Shweta Srivastava

Honorary Secretary

Indian Medical Association (IMA), Lucknow



It was a privilege and pleasure to participate in the RSSDI-UP Academic Program on “Cardio-Kidney-Metabolic (CKM) Insights & Management”, held at Hotel Taj, Lucknow. I was delighted to be a part of the inaugural ceremony of this enriching academic gathering, which brought together distinguished physicians, diabetologists, and experts from various specialties on a common platform for scientific exchange and learning. I was also honoured to chair the academic session “Metabolic Disease Begins at Liver,” featuring Dr. Manoj Kumar Srivastava as the distinguished speaker. The session offered valuable insights into the pivotal role of the liver in metabolic disorders and its broader implications for cardio-

kidney-metabolic health. My sincere thanks and appreciation to Dr. Ajoy Tewari, Secretary, rssd, Uttar Pradesh Chapter, for his gracious invitation and for giving me the opportunity to be a part of this prestigious academic event. IMA members prof Dr Narasimh varma, Dr Rakesh singh past president, Dr rajeev saxena executive member were also present there. Heartiest congratulations to Dr. Ajoy Tewari and the entire RSSDI-UP team for organising such a meaningful, well-structured, and scientifically enriching program. Academic platforms like these foster multidisciplinary collaboration, encourage the exchange of clinical knowledge, and ultimately contribute to better patient care.

Dr. Shweta Srivastava

Hon. Secretary, IMA Lucknow



SECRETARY'S REPORT

3rd State Working Committee Meeting & State-Level Refresher Course and CME 2026

22–23 August 2026 | Aamodh Resort, Lucknow

Respected dignitaries, senior office-bearers of IMA Uttar Pradesh State, State Working Committee members, distinguished speakers, delegates, colleagues and members of the medical fraternity,

It is my privilege to present the Secretary's Report of the 3rd State Working Committee Meeting 2026 and State-Level Refresher Course & CME, organised by the Indian Medical Association, Lucknow Branch, on 22 and 23 August 2026 at Aamodh Resort, Lucknow.

This event was a proud and historic occasion for IMA Lucknow, as our branch received the privilege of hosting the State Working Committee Meeting after a gap of nearly 22 years.

Gala Dinner and Inaugural Evening

The two-day programme commenced on the evening of 22 August 2026 with a Gala Dinner. The gathering provided a warm and informal platform for IMA office-bearers, delegates, senior doctors and representatives from different branches to interact and strengthen professional relationships.

As the evening progressed, the participation increased substantially, creating a vibrant atmosphere of fellowship, unity and celebration. The Gala Dinner marked a memorable beginning to the two-day event.

We were honoured by the presence of distinguished doctors, public representatives, senior IMA leaders and prominent members of the medical fraternity. Their participation made the evening particularly memorable for IMA Lucknow.

State Working Committee Meeting

The 3rd State Working Committee Meeting was held on 23 August 2026. Approximately 140 doctors and delegates from different districts of Uttar Pradesh participated in the programme. In addition, nearly 130 to 150 prominent doctors from Lucknow and nearby areas attended various sessions and witnessed this important event.

The meeting brought together IMA UP State office-bearers, State Working Committee members, representatives of various IMA branches, senior doctors and members of the medical fraternity.

Detailed deliberations were held on important organisational and professional matters, including:

- * Issues and challenges affecting doctors and healthcare institutions
- * Professional interests and safety of medical practitioners
- * Challenges in healthcare delivery
- * Strengthening IMA at the state and branch levels
- * Improving coordination among IMA branches
- * Representation of doctors' concerns before the appropriate authorities
- * Future programmes and priorities of IMA Uttar Pradesh State

Dr. Sharad Kumar Agarwal, Patron, IMA UP State and Past President, IMA Headquarters, addressed the gathering and shared his views on the achievements, activities and future vision of the Indian Medical

Association. He emphasised the importance of strengthening IMA as an effective platform for the medical fraternity, developing greater trust between doctors and society, and maintaining constructive communication with the government for resolving issues related to doctors and healthcare.

The State Working Committee reviewed the work undertaken and decisions implemented by IMA Uttar Pradesh State since its previous meeting. Members also deliberated on the organisation's future course of action and upcoming programmes.

Meeting with the Hon'ble Chief Minister

During the meeting, Dr. Sharad Kumar Agarwal and IMA UP State President Dr. Rajeev Goel informed the members that an IMA delegation had met the Hon'ble Chief Minister of Uttar Pradesh, Shri Yogi Adityanath Ji, on 22 August 2026.

The interaction was described as highly positive and constructive. Various matters concerning doctors, healthcare institutions and healthcare services were presented before the Hon'ble Chief Minister and discussed in a positive atmosphere.

The IMA leadership stated that the State Government has maintained constructive communication with the medical fraternity and has taken the concerns raised by IMA seriously. IMA reiterated its commitment to continuous dialogue and cooperation with the government for strengthening healthcare services and addressing the genuine concerns of doctors.

State-Level Refresher Course and CME 2026

Alongside the State Working Committee Meeting, IMA Lucknow organised the State-Level Refresher Course and CME 2026. The programme provided a strong academic platform for doctors to exchange knowledge, discuss practical clinical challenges and remain updated on recent developments in medical science.

The scientific programme featured 16 distinguished expert speakers:

1. Dr. Deepak Dewan
2. Dr. Darshan Bajaj
3. Dr. Abhishek Tandon
4. Dr. Neeraj Tandon
5. Dr. Sanjay Srivastava
6. Dr. Ajay Kumar Patwa

7. Dr. Varada Arora
8. Dr. Anil Khanna
9. Dr. Waliullah Siddiqui
10. Dr. Geetanjali
11. Dr. R.B. Singh
12. Dr. Abha Dalale
13. Dr. Sudhir Kumar Verma
14. Dr. Rakesh Singh
15. Dr. Rakesh Srivastava
16. Dr. Rajeev Saxena

The scientific sessions covered a wide range of contemporary medical topics, including kidney transplantation, tuberculosis, severe asthma, head and neck cancers, pathological fractures, bile duct injuries and strictures, fertility, robotic surgery, liver transplantation, modern neonatology, the changing medical profession, dry eye, metabolic medicine, insomnia, hypertension, diabetes and erectile dysfunction.

The sessions encouraged meaningful interaction between participating doctors and experts and facilitated the exchange of clinical knowledge and professional experience.

Scientific Committee

The academic programme was successfully coordinated by the Scientific Committee comprising:

- * Dr. Sanjay Srivastava, Scientific Chairman
- * Dr. Neeraj Tandon and Dr. Santosh Singh, Scientific Co-Chairmen
- * Dr. Archika Gupta and Dr. Sheetanshu, Scientific Secretaries
- * Dr. Shashwat Saxena and Dr. Nayeem Shaikh, Scientific Joint Secretaries

Their dedicated planning and coordination ensured the smooth and successful conduct of the scientific sessions. Distinguished IMA Leadership We were honoured by the presence of senior IMA Uttar Pradesh State leaders and office-bearers, including:

* Dr. Sharad Kumar Agarwal, Patron, IMA UP State and Past President, IMA Headquarters

* Dr. Rajeev Goel, State President

* Dr. P.K. Agarwal, Immediate Past President, IMA UP State

* Dr. Ravish Agarwal, President-Elect

* Dr. Ashish Kumar Agarwal, Honorary State Secretary

* Dr. Vani Puri, Honorary Finance Secretary

* Dr. V.B. Jindal, State Convenor

* Dr. Anand Prakash, State Coordinator

Their presence and guidance provided members from across Uttar Pradesh an invaluable opportunity to interact directly with the state leadership and discuss organisational and professional matters.

A Proud Achievement for IMA Lucknow

The programme was hosted under the leadership of Dr. Manoj Kumar Asthana, President, IMA Lucknow Branch and Organising President, and the undersigned, Dr. Shweta Srivastava, Honorary Secretary, IMA Lucknow Branch and Organising Secretary. Organising the State Working Committee Meeting after nearly 22 years, together with a comprehensive State-Level Refresher Course and CME, was a major organisational and academic achievement for IMA Lucknow. The event commenced with the Gala Dinner on 22 August, continued with the State Working Committee Meeting and scientific programme on 23 August, and concluded successfully with the collective participation and cooperation of the entire IMA fraternity. On behalf of IMA Lucknow Branch, I express my sincere gratitude to all IMA UP State office-bearers, State Working Committee members, branch representatives, senior doctors, speakers, chairpersons, moderators, delegates, members of the organising committees, contributors, sponsors, hospitality partners, volunteers and supporters. I also extend my heartfelt appreciation to every member of IMA Lucknow whose dedication, teamwork and wholehearted involvement contributed to the success of this historic programme. This event reaffirmed our collective commitment to professional excellence, academic advancement, organisational unity and better healthcare services for society.

Long Live IMA!

Long Live Our Unity!

Dr. Shweta Srivastava

Honorary Secretary, IMA Lucknow Branch

Organising Secretary

3rd SWC Meeting and State-Level Refresher Course & CME 2026



