



INDIAN MEDICAL ASSOCIATION, LUCKNOW

1-River Bank Colony, Lucknow,

Dear Doctor,

Following is the scientific programme for Continuing Medical Education and State Level Refresher Course to be held at the IMA Bhawan on 5th April, 2026.

8:45-09:10 a.m.	REGISTRATION/BREAKFAST			
GROUP1	TOPIC	SPEAKER	CHAIRPERSON	MODERATOR
	breaking the silence: addressing menstrual health hygiene and nutrition issues in adolescents girls and females	Dr. Nirupama Pandey	Dr. Piyush Kumar	Dr Shitanshu
09.15-09.25		Dr. Rajeev Saxena	Dr. Deepali Srivastava	
09.30-09.40	Male infertility management	Dr. Arun Pandey		
09.45 - 09.55	Continuous glucose monitoring system cgms	Dr. Shashwat Saxena		
10.00 - 10.10	Depression myths	Dr. Sarita Singh		
10.15- 10.25	Refractory cancer pain			
10.25 - 10.30	DISCUSSION			
GROUP2	TOPIC	SPEAKER	CHAIRPERSON	MODERATOR
10.35 - 10.45	Neurology: low back pain	Dr. Abhinav Srivastava	Dr. Shiv Kr. Shingari	Dr. Santosh Singh
10.50 - 11.00	Abdominal pain in Children –When to worry?	Dr. Archika Gupta	Dr. Manoj Srivastava	
11.05 - 11.15	Medical education progress	Dr. R.B. Singh		
11.20 - 11.30	Management Head & neck cancers	Dr. Neeraj Tondon		
11.35 - 11.45	Breast reconstruction techniques	Dr. Shashank Nigam		
11.50- 11.55	DISCUSSION			
GROUP3	TOPIC	SPEAKER	CHAIRPERSON	MODERATOR
12.00 - 12.10	Diagnosis and staging of CKD, indication and modalities of RRT	Dr. Deepak Diwan	Dr. Madhusudan	Dr Shaswat Saxena
12.15 - 12.25	Spine surgery advancements	Dr. Achal Gupta	Dr Satish Kumar	
12.30 - 12.40	Joint replacement advances	Dr. Imran Akhtar		
12.45 - 12.55	Missed injuries	Dr. Sanjay Srivastava		
1.00 - 1.10	Soft skills in medical practice	Dr. Santosh Singh		
1.15 - 1.20	DISCUSSION			
1.20 - 2.20	INAGURATION & LUNCH		Dr Amit Agarwal/	Dr Archika/ Dr Gurmeet / Dr Tanvi
GROUP4	TOPIC	SPEAKER	CHAIRPERSON	MODERATOR
2.20 - 2.30	Pulmonary & TB updates	Dr. Surya Kant	Dr. Rahul Srivastava	Dr Ashutosh Sharma
2.35 - 2.45	Pulmonary insights	Dr. Rajendra Prasad	Dr.GP Kaushal	
2.50 -3.00	Mountain trekking medical perspective	Dr. Nayeem Ahmed Sheikh		
3.10 - 3.20	r-DNA Semaglutide in diabetes	Dr. K.P. Chandra		
3.25 - 3.35	Robotics in urology	Dr. Rahul Yadav		
3.40 - 3.45	Discussion			
GROUP5	TOPIC	SPEAKER	CHAIRPERSON	MODERATOR
3.50 - 4.00	Cardiac surgery advances	Dr. Vijayant Singh	Dr Varada Manmit	Dr Amit Madan
4.05 - 4.15	Diabetes management	Dr. Ajoy Tiwari	Dr Suresh Talwar	
4.20 - 4.30	Vitamin D Supplementation	Dr. Rakesh Srivastava		
4.35 - 4.45	Burns and alopecia	Dr. Vivek Saxena		
4.50 - 5.00	Comprehensive Insurance Planning for Doctors and Hospital	Dr. Pranjal Agrawal		
5.00 - 5.-05	Discussion			
GROUP6	TOPIC	SPEAKER	CHAIRPERSON	MODERATOR
5.10 - 5.20	Childhood myopia	Dr. Tanvi Paliwal	Dr Nishi Tandon	Dr Nayeem
5.25 - 5.35	Diabetic retinopathy	Dr. Rahul Sharma	Dr Sudhir Srivastava	
5.40- 5.50	Informed consent	Dr. Amalanshu Raman		
5.55- 6.05	PPH management	Dr. Shweta Srivastava		
6.10 - 6.20	Family medicine team concept	Dr. Ashutosh Sharma		
6.25 - 6.35	Fertility issues rise	Dr. Pooja Gupta		

Dr. Manoj Kumar Asthana
President

Dr. Shweta Srivastava
Hon. Secretary

Members are requested to register themselves in CME and send the registration to IMA Office latest by **2nd April, 2026 along with registration fee**. Registration fee can be paid in Cash or Cheque/D.D. drawn in favour of "**Indian Medical Association**" payable at Lucknow. (MCI Credit hour to given)

Registration Fee for Full session: up to 2nd April 2026

Spot Registration

IMA Members - Rs. 800/-	P.G. Students - Rs. 600/-	IMA Members - Rs. 1000/-	P.G. Students - Rs. 800/-
Couples - Rs.1200/-	Non-Members - Rs. 1000/-	Couples - Rs. 1500/-	Non-Members - Rs. 1200/-

Name.....Qualification Age/Sex

Address.....UPMCI No.

Whether member of IMA – Yes/No ..Telephone No./ Mob. No.E-Mail.....

Signature

Mountain trekking medical perspective

Dr. N

